

VOCABULARY EXPANSION SHEET

LAS ENFERMEDADES

ILLNESSES

TENER – TO HAVE

You can use all these illnesses with the verb "tener", which means "to have". So, the phrases "tengo" (I have) and "tiene" (do you have) are useful with these illnesses.

For example : **tengo artritis** = *I have arthritis*

artritis	arthritis
dolor de muelas	toothache
dolor de estómago	stomachache
una jaqueca / dolor de cabeza	a headache
dolor de oídos	earache
diarrea	diarrhoea
tos	a cough
fiebre	a fever
gripe	the flu
congelación	frostbite
fiebre del heno	hay fever
congestión de los senos	blocked sinuses
varicela	chicken pox
sarampión	the measles
rubéola	the German measles
gripe aviar	bird flu
gripe porcina	swine flu
acidez	heartburn
hemorroides	haemorrhoids/piles

mareos

travel sick(ness)

la nariz moquienta

a runny nose

moqueo nasal

a runny nose

coqueluche

whooping cough

dolor en todo el cuerpo

ache all over

frío

cold/ chilly

calor

hot

cáncer

cancer

ESTAR – TO BE

You can use all these illnesses with the verb "**estar**", which means "**to be**". So, phrases such as "estoy" (I am) and "está" (are you) are useful with the following words.

For example : **estoy embarazada** = *I am pregnant*

embarazada	pregnant
cansado	tired
aturdido	lightheaded
afectado por el desfase horario	jetlagged
estreñido	constipated
quemado	sunburned
enfermo	ill/sick
mareado	seasick / feeling faint / dizzy
asqueado	nauseous
asmático	asthmatic
resfriado	full of cold
diabético	diabetic
con insomnio	insomniac

ALGUNOS VERBOS

sufrir de hipertensión

sufrir de hipotensión

vomitara

sangrar

tiritar

desmayarse

estornudar

tousser

sonarse la nariz

caerse

romperse

SOME VERBS

to suffer from high blood pressure

to suffer from low blood pressure

to throw up

to bleed

to shiver/ tremble

to faint

to sneeze

to cough

to blow one's nose

to fall (over)

to break

SER ALÉRGICO

a la aspirina

al yodo

a la penicilina

a los perros

a los caballos

a los gatos

al pelo

a los cacahuetes

a las nueces

a las avellanas

a los frutos secos

a los mariscos

TO BE ALLERGIC

to aspirin

to iodine

to penicillin

to dogs

to horses

to cats

to fur

to peanuts

to walnuts

to hazelnuts

to all nuts

to seafood

LAS FOBIAS

la aracnofobia

la acrofobia

la agorafobia

la claustrofobia

tengo miedo...

a los perros

a volar

a morir

a las arañas

a los pájaros

a los ratones

a las ratas

a los murciélagos

PHOBIAS

arachnophobia

acrophobia

agoraphobia

claustrophobia

I'm scared...

of dogs

of flying

of dying

of spiders

of birds

of mice

of rats

of bats