

VOCABULARY EXPANSION SHEET

AS DOENÇAS
ILLNESSES

TER – TO HAVE

You can use all these illnesses with the verb "ter", which means "to have". So, the phrases "(eu) tenho" (I have) and "(você) tem" (do you have) are useful with these illnesses.

For example: (eu) tenho artrite = *I have arthritis*

ESTAR COM – TO HAVE (TO BE WITH)

There's an interesting phrase, "estar com", which literally means "to be with". You can use this phrase as an alternative to using "ter" if the illness is only a temporary one. For example, you couldn't use it with "arthritis", but you could use it with a "headache". The phrases "(eu) estou com" (I am with) and "(você) está com" (are you with) are useful with temporary illnesses.

For example: (eu) estou com uma dor de dentes = *I have toothache*

artrite	arthritis
uma dor de dentes	toothache
uma dor de estômago / dor de barriga	stomachache
uma dor de cabeça	a headache
uma dor de ouvido	earache
diarreia	diarrhoea
uma tosse	a cough
febre	a fever
gripe	the flu
geladura / úlcera de frio	frostbite
febre de fenos	hay fever
congestão dos seios	blocked sinuses

varicela

catapora (BRA)

sarampo

rubéola

gripe aviária

gripe suína

azia / azeduma

hemorroidas

enjoo

o nariz escorrendo

coqueluche

câncer (BRA)

cancro

estou com frio

estou com calor

chicken pox

chicken pox

the measles

the German measles

bird flu

swine flu

heartburn

haemorrhoids/piles

travel sick(ness)

a runny nose

whooping cough

cancer

cancer

I'm cold/ chilly

I'm hot

ESTAR – TO BE

You can use all these illnesses with the verb "**estar**", which means "**to be**". So, phrases such as "(eu) estou" (I am) and "(você) está" (are you) are useful with the following words.

For example: (eu) estou grávida = *I am pregnant*

grávida	pregnant
cansado	tired
atordoado	lightheaded
com jet lag	jetlagged
constipado	constipated
queimado pelo sol	sunburned
doente	ill/sick
mareado	seasick / feeling faint / dizzy
nauseado / enjoado	nauseous
asmático	asthmatic
diabético	diabetic
insone	insomniac

ALGUNS VERBOS

sofrer de hipertensão

sofrer de hipotensão

vomitare

sangrar

tremere

desmaiar

espirrar

tossir

assoar o nariz

tropeçar

fraturar

quebrar (BRA) / partir (POR)

SOME VERBS

to suffer from high blood pressure

to suffer from low blood pressure

to throw up

to bleed

to shiver/ tremble

to faint

to sneeze

to cough

to blow one's nose

to fall (over)

to fracture

to break

SER ALÉRGICO

à aspirina

ao iodo

à penicilina

a cães

a cavalos

a gatos

a pele

a amendoins

a nozes

a avelãs

a nozes

a marisco / a frutos do mar

TO BE ALLERGIC

to aspirin

to iodine

to penicillin

to dogs

to horses

to cats

to fur

to peanuts

to walnuts

to hazelnuts

to all nuts

to seafood

AS FOBIAS

a aracnofobia

a acrofobia

a agorafobia

a claustrofobia

tenho medo de...

cães

voar

morrer

aranhas

pássaros / aves

ratos

morcegos

PHOBIAS

arachnophobia

acrophobia

agoraphobia

claustrophobia

I'm scared of...

dogs

flying

dying

spiders

birds

mice / rats

bats